Harvest Showdown Cooking Throw-Down

The competition will involve students in Food Studies 10/30 and Commercial Cooking classes. Participating schools will host a competition within their school. The winning team will advance to the final competition in Yorkton which will take place Saturday, November 4th as part of the Grain Miller’s Harvest Showdown.

The winning teams will be judged on two different components:

**Meal Presentation (Approximately 80% of Score):**
- An entrée featuring beef.
- A dessert featuring a dairy product.
- Bonus points for use of additional Saskatchewan grown ingredients.

**Oral Presentation (Approximately 20% of Score):**
- 3 – 5 minutes in length
- Explains the following: Beef or Dairy
  - Why the team chose the particular recipes.
  - The natural benefits and value of beef or dairy.
  - How beef or dairy farm stewardship is handled in Saskatchewan.
  - How Saskatchewan beef or dairy is a safe, reliable food source grown in an ethical manner.
- Presentation may include visual aids such as PowerPoint, songs, commercials, videos, posters, hand-outs etc.

**Yorkton Exhibition Association will provide each Food Studies Class with the following:**
- $150 per class for the purchase of groceries for the in-school competition
- Competition rules and marking rubrics
- $75 for your winning team to participate in the Harvest Showdown Cooking Throw-Down

Your class will break into groups of 2-5 students. You are encouraged to engage other teachers and students within the school to participate in the contest as judges for the in-school competition. The groups will be judged according to the established criteria for both the meal preparation and presentation.
Competition Information:

- The competition will take place during Harvest Showdown in Yorkton in the National Bank Financial Convention Place located upstairs in the Gallagher Centre. The competition will begin at 10:00am. Teams will have access for set-up starting at 8:00am.
- Teams will be required to bring their own stove tops (convection or coil), cooking utensils, pots and pans. Tables and wash-stations will be provided.
- Teams will also be required to bring all of their own ingredients including proteins and spices to be purchased with the $75 provided to each registered team.
- There is only space for six teams which will be registered on a first-come basis – registration deadline is Friday, September 29th.
- A team of judges will be assembled, including representatives from the event sponsors.
- Each participating group will have to prepare their meals within an hour and forty-five minutes and will not be allowed contact with their teacher.
- The groups will be judged on the meal preparation (including food safety), food presentation, and their oral presentation.

The top three winning groups will receive cash prizes: $500 to 1st, $300 to 2nd and $100 to 3rd

For more information please contact JeanAnne at 306-783-4800.
Harvest Showdown Cooking Throw-Down Registration Form

School Name & Address:
__________________________________________________________________
__________________________________________________________________

Team Lead/Teacher:____________________________________________________

Phone: __________________ E-mail ________________________________

Team Members (First & Last Name):
__________________________________________________________________
__________________________________________________________________
__________________________________________________________________

Do you require any of the following A/V requirements for your oral presentation (check all that apply):

- Projector & Screen [ ]
- Microphone [ ]
- Sound system [ ]
- Other: ____________________________________________________________